

# The Sea Breeze

November 1976

The New York City Sea Gypsies Inc.

Anne Iscoe, Editor

NOVEMBER MEETING: WEDNESDAY, 3 NOVEMBER 1976

PLACE: "THE CAMEO ROOM" Tudor City Hotel  
42nd Street and 2nd Avenue, N.Y.C.

Dinner will not be served at the meeting. We will have our own bar in the meeting room - provided by the THREE LIONS PUB, located in the same hotel - and dinner is served (at reasonable prices) in the PUB either before or after the meeting.

TIME: 7:30 SHARP!

## ELECTIONS 1976

The election of Club Officers will take place this month, at the meeting, and the back page of this issue gives a list of nominees - please bring it with you to the meeting so you can follow the proceedings. Remember, only fully paid-up members will vote.

Votes may be cast BY PROXY by mailing your choice to our election officer, Peter McDowell, at 22 West 85th St. New York, N.Y. 10024. Proxy votes must be received IN WEDNESDAY MORNINGS mail. Please vote for only one person from each category.

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Table 1. Pharmacological Agents and Contraindications to Diving

Absolute	Relative	None
1. Alcohol	1. Analgesics	1. Antacids
2. Antiasthmatics	2. Antibiotics	2. Birth control pills
3. Anticonvulsants	3. Antidiarrheal agents	3. External agents, (eg, lotions, salves, oils)
4. Cardiovascular medications	4. Antiemetics	4. Laxatives
5. Depressants (eg, barbiturates)	5. Antihistamines	5. Mouthwashes
6. LSD	6. Antitussives	6. Vitamins
7. Marijuana	7. Aspirin	7. Wheat germ
8. Narcotics	8. Cigarette smoking	
9. Steroids	9. Insulin	
10. Stimulants	10. Relaxants	
	11. Thyroid medications	
	12. Vasoconstrictors	

## EDITOR'S NOTE

For any of you wishing to become more involved with the Club, please consider working with our magazine, "SEA BREEZE". The responsibility of gathering items, editing, printing and mailing can be shared - there have always been plenty of volunteers - it just requires one person to receive items, thereby avoiding confusion, and the team work just follows naturally.

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## DIVING DRUG ABUSE

Reprinted below are tables 1 and 11 from the article "Diving Drugge", which was distributed at the October meeting.

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Table 2. Diving Disorders That Can Lead to Unconsciousness

Disorder	Treatment (after water rescue)
1. Panic	1. Rest; life support
2. Breath-holding blackout	2. Life support
3. Hypothermia	3. Rewarm in water at 104 F; life support
4. Injuries	*4. (a) Control shock, (b) marine animal injury treatments, <sup>12</sup> and (c) life support
5. Thoracic squeeze	5. Life support
6. Nitrogen narcosis	6. Corrected by ascent; life support
7. Oxygen toxicity	7. Corrected by ascent; life support
8. Carbon dioxide toxicity	8. Rest; life support
9. Hypoxic conditions	9. Life support
10. Carbon monoxide poisoning	10. Life support; hyperbaric oxygen
11. Air embolism	*11. Recompression; life support
12. Decompression sickness (Near drowning - Usually secondary to one of the above problems)	*12. Recompression; hydration <sup>13</sup> (Life support; plasma; diuretics; possibly steroids, antibiotics, cardiac medications, etc.)

\*Medications are involved in primary treatment

MEMBERSHIP DUES

The following was decided at the last Executive Committee meeting:

"Renewal membership dues are \$24 payable to the Club by March 1, 1977.  
Members whose dues are not received by that date will be in arrears.  
Dues for new members who have completed check out dives are \$2 per month for the balance of the calendar year."

Peter McDowell

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TELEPHONE CHANGE: Secretary Laura Liscum has changed her telephone number  
- call her at (212) 666-5773

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NOMINATIONS FOR OFFICERS

The following were nominated for office at the October meeting. Nominations will be accepted at the November meeting prior to elections.

PRESIDENT

John Falk  
Pam Peper  
Ken Gilmore - Declined  
Peter McDowell - Declined  
Tom McGinnis  
Sue Benjamin

TREASURER

Neal Klemens  
Denise LeVien  
Al Lippert  
George Lyons  
David Gould  
Peter Parsons

VICE PRESIDENT

Roberto Varga  
Elaine Smay  
C.K. Stewart  
Paul Beck - Declined  
Adrienne Kmiecik

WRECK-DIVE CHAIRPERSON

Elliot Potter  
Mike Meieruth - Declined  
C.K. Stewart

SECRETARY

Laura Liscum - Declined  
Anne Iscoe - Declined  
Adrienne Kmiecik  
Elaine Smay - Declined  
Denise LeVien

LEGAL COUNSEL

Ron Drumheller  
Rob Barberi

SAFETY COMMITTEE CHAIRPERSON

This officer will be nominated by the Safety Committee at the November meeting.

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